

# Roommate Agreement

Roommate agreements outline standards of behaviours that each roommate agrees to live by in order to fulfill a healthy and happy roommate relationship. Roommates who create and follow their roommate agreement generally report positive living experiences. It is important that you are honest about your needs and habits in order to be successful in this process and for the rest of the year.

Note: Only put first names of residents and staff on this document

Residence:		Room #	
Residents' Names:			
Staff member name:			

## SLEEP

What time do you go to bed and wake up?  
What are your pre-sleep habits/behaviours?  
How dark do you need it to be to sleep? (E.g. can the computer screen be on, etc.)  
What is your sleep schedule like during the week vs. on weekends?

## STUDY PATTERNS

What type of environment do you need to study? (E.g. do you need music, silence, to be alone, study in a group, etc.)  
What time of day do you like to study? (E.g. in between classes, only at night, etc.)  
How often do you study?  
Should you post copies of your timetables for each other?

# Roommate Agreement

## TEMPERATURE

What is your ideal room temperature?  
If someone wants to change the temperature, what steps should they take?  
When can the window be open?

## CLEANLINESS RESPONSIBILITIES

How do you describe cleanliness? What does messy look like?  
Think about the garbage, recycling, and compost removal, whose responsibility is this?  
How can we ensure our room maintains our standards of cleanliness? (E.g. cleaning schedule)  
How often should dishes be cleaned/removed from the room?

## PROPERTY AND BELONGINGS

What are we allowed to borrow from each other within our room? What is completely off limits?  
Is permission necessary at all times when borrowing these items?

# Roommate Agreement

## GUESTS

Will we allow overnight guests?

What is the maximum number of people we may have in our room at one time?

Will we let guests use each other's belongings? If so, what are we comfortable with them using?

How will we let each other know when guests are coming? How much advance notice do we need?

## SOCIAL ETIQUETTE

Do you mind if your roommate is on the phone/on skype while you are in the room?

What is acceptable for late night Skyping etc.?

How much alone time do you need?

If you need alone time, how will we communicate that with each other?

# Roommate Agreement

## COMMUNICATION

Consider when and how you would like to be approached and how your roommate might expect you to react when there is conflict (ie: you become quiet, defensive, need time, etc.).

## SAFETY AND SECURITY

Check the boxes to indicate that you are in agreement with each of the following statements:

- We will close and lock the door when someone is not in the room
- We will close and lock the windows when leaving the room for long durations
- We will bring our key when leaving the room for any reason (even if going to the bathroom) so that our roommate may lock the door if they leave
- We will ensure that guests respect each other's property

## SIGN

We agree to the terms and values described in this roommate agreement, and will do our best to communicate and learn from each other over the course of the year.  
Please sign (digitally or in ink).